

## SPORT

Bucks Free Press  
Sport is sponsored byMICHAEL  
GRAHAMChange date to  
boost entrantsHALF MARATHON STALWART BACKS  
CHANGES TO COURSE OF EVENT

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the League Two club's players will all be in attendance for photographs and autographs, will help propel the race back to its former glory.

Wanderers say there will be a number of activities going on for spectators during the event.

There will also be stadium tours, refreshments and the opportunity to watch the Wimbledon final and British Grand Prix on TV in the bars.

Alfred Benjamin, who misses this year's race through injury, but had previously taken part in every Wycombe Half Marathon, said: "There used to be 2,500 runners taking part and people couldn't get in."

He has backed the changes, saying: "The old course had become a bit boring and this one is much more picturesque and it will be brilliant for the runners to finish inside the football stadium."

But he believes the best way to get participation numbers up again would be to change the date to September.

He said: "Most people are in holiday mode in July."

Sunday's race and its 10k partner will begin from the car park at Adams Park at 9.30am. Runners can enter on the day but are advised to get there early and there is also a family fun run.

For more information visit [www.handycrossrunners.co.uk](http://www.handycrossrunners.co.uk).

Kit launch to  
training venueBLUES SET TO TAKE TRIALISTS TO  
PRE-SEASON TRAINING CAMP

WYCOMBE Wanderers will head straight from their Sunday lunch-time kit launch at Adams Park to their five-day training camp in France.

Coaches Richard Dobson and Barry Richardson will drive two mini-buses transporting the 16-man squad to France where they will play one game against Le Havre in Sarzeau on Tuesday night. The 16 are expected to be joined by two or three trialists – one of whom is thought to be a goalkeeper.

The Blues have had half-a-dozen trialists training with them this week but the club will whittle that number down before heading out to France. Last year the Blues made a similar voyage taking three trialists with them – Luke O'Nien, Sean Maguire and Luke Woodland – with O'Nien going on to become a fixture in the first team and a firm favourite with the fans.

Supporters will get the chance to see their Wanderers' heroes with Sunday's kit launch at Adams Park when the club's new strip will be unveiled.

Weston determined to  
impress at Wycombe

By Dave Peters

MYLES Weston knows he has got to provide the goods for his new club Wycombe Wanderers this season – otherwise his journey into work each morning will be a nightmare.

The winger, who penned a two-year deal after leaving Southend United in the summer, car shares from Kent each morning with strikers Garry Thompson and Paul Hayes and he knows they will be on his case all the way around the M25, M40 and back if he doesn't lay on a succession of crosses for them.

He said: "I know they will be on at me if I don't provide them with the chances to score goals."

Weston revealed he turned down overtures from clubs in League One to join the Blues after being sold the Wanderers vision by Wycombe boss Gareth Ainsworth.

He said: "There were other clubs in League One and League Two interested and my agent was talking to them but as soon as I came to speak to the gaffer here and saw the facilities and everything else and, with the feel I had for the club, my mind was made up. I wasn't looking to go anywhere else. I like the vision the gaffer has for the club."

"For me it was about enjoying my football, getting the best out of myself and doing well for the team."

Wanderers fans will need no introduction to their new winger, who represented England from Under-16 to Under-19 level before switching to Antigua.

It was the 28-year-old's cross that ruined Wycombe's Wembley play-off final dream in 2015. The Blues were heading for victory and a place in League One when Weston provided the cross in injury time in extra time which Joe Pigott converted for the equaliser to send the game into a penalty shoot-out which Southend won.

Weston, who has also served Brentford, Gillingham and Notts County, hopes Wanderers fans won't hold that against him.

He said: "I was a Southend player



Aiming to avoid being giving earache by his travelling companions: Myles Weston car shares with Garry Thompson and Paul Hayes.  
Picture: ACTION IMAGES

then, but now I am at Wycombe I will be doing everything I can to do my best for them and hopefully I can do well for the team, that's the main thing.

"I am excited to be here and really looking forward to it."

His new boss Ainsworth has de-

scribed him as an exciting player who is equally adept as a frontman or winger.

Weston says his preferred position is on the wing but says he can do a job up front as well if required.

A foot injury restricted his game time at Roots Hall last season but

Weston says he is over that now.

He is now set to join the squad on their excursion to France for a training camp and pre-season friendly against Le Havre – where he knows he will face his Wanderers' initiation ceremony and have to sing a solo in front of his new team-mates.

## Teenager O'Brien tumbles to the top

BOOKER Gym Club's Jack O'Brien shook off the handicap of not having a full-size track to train on by breaking into the top five of Great Britain's best tumblers.

The 13-year-old surpassed all expectations with his star performance at the British Tumbling Finals at Liverpool's Echo Arena at the weekend.

He had not even been expected to qualify for the finals but he rose to the occasion at his first Federation of International Gymnasts event.

O'Brien had an outstanding competition on the Saturday nailing both his runs to qualify in the top eight for the finals on the Sunday. He then went on to land his final run and come fifth in the country at the top level of tumbling.

Kate Dutnall, the gym manager at Booker, said: "It is a major achievement."

His success is even more remarkable given that the Booker club he has been with since he was five years old does not even have the

required 42-metre tumbling track, consisting of a 10-metre run-up, the regulation 25-metre track and a seven-metre landing mat.

Instead, Booker's facility measures just 18 metres to cram the eight moves into, with no run-up area and just a five-metre landing area.

Dutnall said: "His achievement is even more amazing given that we are the underdogs each time because we haven't got a full-length track but in one way it makes you stronger because you have to train in harder

conditions. It shows we must be doing something right.

"As a club, this is the first of our gymnasts to step out of NDP and into Elite and we have a number of other tumblers who are on course to make this move."

O'Brien and the rest of the Booker tumblers supplement their training in High Wycombe with trips to longer tracks at Bracknell, Basingstoke and Andover.

Booker Gym Club is hoping to extend its track in the future.