

Unlucky Ryan's training again

KEITH Ryan resumed training on Thursday, 12 days after suffering a recurrence of the knee injury which kept him out for all of last season.

Rhino, who needed a painkilling injection after coming on as a substitute for the last 27 minutes of the Villa game, said: "I haven't trained with the ball since then. I missed the QPR game because I felt it was better to rest it. For me being fit for the league is the most important thing and I want to be back for that."

"It's been a nightmare sitting things out again but I've been able to do some swimming and cycling. I think I can catch up with the fitness and hopefully I'll be ready by August 9."

Manager John Gregory says he could be considered for tonight's local derby at home to Reading.

John Cornforth who missed the QPR match with a reaction to his old achilles injury could feature on the substitutes bench tonight. He now wears a built up step inside his boot to prevent a recurrence of his old achilles injury which flared up again after the Villa match.

Striker Paul Read is back in contention after training all week following his dead leg against Villa.

● Triallist Lee Quincey, who made a brief appearance as substitute against QPR on Friday is determined to make the most of his second chance and prove that Leicester were wrong to release him.

The 20-year-old midfielder was released by Filbert Street boss Martin O'Neill after just one year during which he never broke into the first team.

He said: "I was very disappointed with what happened at Leicester. They played me at centre half and that destroyed me. I'm a midfielder or right back. I just hope I can earn a contract here."

● The jury is still out on who will captain Wanderers next season. Jason Cousins wore the armband against Aston Villa and was favourite to land the role before he tore his cartilage in the same match.

His brother-in-law, Keith Scott took over for the QPR game.

Gregory is keeping quiet over who will lead the team out tonight.

Wanderers' injury crisis starts clearing



Mr Consistent: Dave Carroll has been awarded a testimonial this season after ten years at Adams Park.

Cousins has now had an operation and has optimistically pencilled in September 19, and the live Sky televised game at his old club Brentford as his comeback date.

● Dave Carroll, who has been providing value for money ever since he cost the Blues £6,000 from

Ruislip Manor in 1988 has been granted a testimonial to mark ten years at Adams Park.

Events arranged so far include a Valentines disco, a golf day and a race night. A match against top quality opposition is also expected to be on the agenda.

● QPR did nothing to help Anglo-Spanish relations last Friday when they handed their teamsheet in with a certain Albert Dago at number five. The player in question turned out to be Spanish triallist Albert Thomas. But Rangers officials 'forgot' his surname when they handed the team sheet in and made up their own substitute monicker.

● Blues fans should not get too excited by last Friday's win over QPR. Rangers' pre-season build-up has included defeats at Exeter and Gillingham so far.

● Glenn Hoddle specifically asked the FA for permission to play the England U21 match against Moldova on September 9 at Adams Park. The England boss remembered how well he and his players were treated there when he prepared for his first game in charge of the national side and also wanted a venue close to the national side's Bisham headquarters.

● Mascots for Wanderers friendly against QPR last week were Gary and Daniel Hill, sons of Blues' assistant manager Richard Hill.

● Wanderers would have been relegated last season according to the Puffers Paradise second division table compiled by pro-smoking group Forest. The group placed Wycombe third from bottom and blasted them for not allowing smoking in the toilets, bars, directors lounge and offices.

● Wanderers travel to Chesham United on Monday for their final pre-season friendly hoping to draw a big crowd. The clubs have agreed to split the gate receipts.

● Wycombe Wanderers Independent Supporters Club hold their AGM at the Trades and Social Club in Queens Road, Wycombe on Thursday, August 7 at 8pm.

● Assistant manager Richard Hill was on target for Phil Neal's all stars in their 8-2 victory over Eastenders in a charity match at Rushden and Diamonds on Sunday.

Manager John Gregory, who also played said: "Hilly should have gone home with the matchball but he missed so many chances."

Gregory did not score saying: "I see myself more as the provider."