



This is how you do it, son: Harrow's Barry Silkman gives a word of advice to one of his younger clubmates

Picture by NEIL SAINSBURY Ref: 00-3598CF4

BARRY Silkman has angrily challenged Lawrie Sanchez to a £10,000 race, after the Wanderers boss branded his FA Cup appearance as nothing more than a publicity stunt.

The 48-year-old ex-pro, who now works as a football agent, came on for non-league Harrow Borough for the last 16 minutes of their 3-0 defeat at Adams Park last Saturday, amid jibes from Sanchez.

The Blues boss said: "When Silkman came on you realised Borough were not taking it that seriously."

But Silkman, who became the oldest person to take part in the FA Cup since Sir Stanley Matthews, immediately hit

back at Sanchez.

He insisted he was there on merit and said if Sanchez doubts his fitness he will prove it to him in a race for charity.

He blasted: "If he thinks it's a publicity stunt, he's wrong. I'll race him for £10,000 over any distance and we'll give the money to charity."

"It was never ever a publicity stunt to play. I don't need the publicity. I played because I was fit enough to play and good enough to play."

"I will race him over any distance from 50 yards to eight miles and he won't be able to live with me even though I stopped playing professional football 13-years ago," Silkman fumed.

"I do five-and-half minute miles over six miles. I've always been an unbelievable athlete. I run six miles every day."

"What he has said has made me a bit annoyed, that's why I'm challenging him. He's got a contest on - but I guarantee he won't show - and if he does he will finish a long way behind."

But Sanchez said: "I won't be taking him up on it. He's had his five minutes of fame."

Silkman, who lists Wanderers winger Matt Brady among his clients, also slammed Sanchez's side who ran out 3-0 winners.

He accused them of being ordinary and said that after playing against them

he is considering making a comeback.

He said: "I was disappointed with Wycombe. I thought they would be a much better side than they were. I didn't expect us to get a touch but it wasn't like that. Wycombe didn't score a goal from free play and didn't look like scoring from free play."

"I'm thinking of making a comeback after that. I couldn't believe the pace of the game. I could have lasted the whole game to be honest."

Silkman once had a spell on loan with Wanderers when they were at Loakes Park.

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