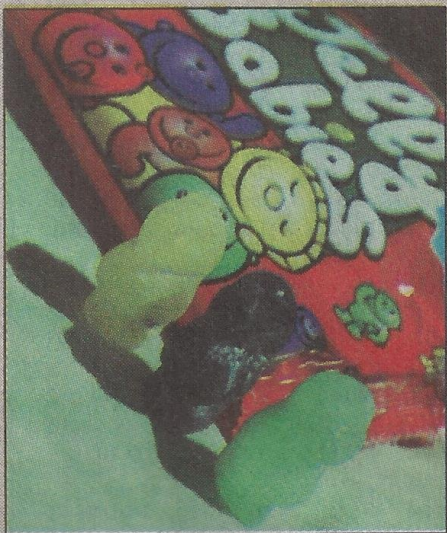


Blues take sweet route to success



Wonder food for the Wanderers

WYCOMBE Wanderers plan to lick the opposition next season by munching their way through thousands of jelly babies.

The Blues will tuck into the sweets next season in a bid to get an extra energy boost to stuff their rivals.

South African fast bowling legend Allan Donald swears by them – and now The Chairboys are hoping to take the sweet route to success this season.

Jelly babies, jelly beans and wine gums might not be everyone's idea of healthy eating, but they are forming an essential part of Blues' pre-season plans, replenishing energy levels after a new-style training regime.

They will be doing the same when the Nationwide League season starts next month and while jelly is at the heart of their plans, Blues hope opponents will be the ones left wobbling.

A spokesman for Trebor Bassett, the best-known manufacturer of jellied sweets, said: "The value of jelly babies has been known in the rugby world for some time despite their image as a child's sweet. Confectionery has a lot going for it - it is very good for energy levels - and it is nice to see the message is getting through."

The sweets are not the only new thing on the menu.

Wanderers have ditched the traditional eight mile runs in pre-season and the longest that the players will run is just 150 metres.

Report: Page 17

Beeks joins the demo: Page 17