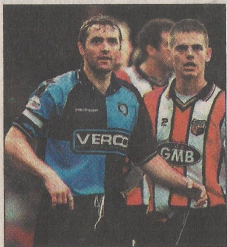


Macca gets the armband



Skipper: Paul McCarthy

PAUL McCarthy has been handed the captain's armband at Adams Park, taking over from Keith Ryan who will now be Blues club captain.

Boss Lawrie Sanchez made the decision because 30-year-old Macca is likely to play more games than Ryan, who is 32.

Sanchez said: "Macca will be the captain on the field but Rhino will be the club captain because in an ideal starting 11 Rhino perhaps wouldn't be part of it. But he's still an integral part of the team and will probably still play 30 games."

● Blues visit Barnet in a friendly tomorrow, 3pm.