

Scrapping of the reserves is a win win situation

TONY Adams has described the scrapping of the reserve team as a "win, win" situation and can't understand why more clubs aren't doing it.

Wanderers axed their second XI this week because financial restrictions have resulted in a slimmed down squad.

The decision came just four days after the club opened its doors to a potential new investment programme of £1.5million.

And Adams says axing the reserve set-up, which has produced first team stars such as

Roger Johnson and Danny Senda, is a blessing in disguise,

He said: "It's a win, win situation. I don't see any downsides whatsoever.

"I cannot carry a reserve team. I haven't got the number of players to do it. The youth team can only play 35 games. I was going to have to ask the youth team to play in the reserves. I don't have to do that now. It's a fantastic thing for us."

He added: "I know some people come to watch reserve games and to compensate we'll

put the youth team on there for some games.

"It's good for the pitch as well because we haven't got another 20 games on it."

He believes that the reserves were a cumbersome burden which didn't help his overall plan for the club.

He said: "I see a downside in having to carry a reserve team, juggling it and putting anyone out there just to fulfil the fixtures."

In the past Wanderers have used the reserve matches to blood trialists and bring the

likes of crooked stars like Craig Faulconbridge back to match fitness.

But Adams scoffed: "I can train a player harder than a match. That 'getting 90 minutes under his belt match fitness' stuff is more psychological than physiological.

"It is a complete myth that you need to be match fit. I can train them in the last three days up to a level that will get them through any match.

"They will work harder with me than they would in a match situation."

And Adams says if he wants to see the fringe players in a match environment he will get on the phone and invite someone over as and when it suits him.

He said: "I will be able to bring players back and do things in a controlled environment.

"I won't have to put people out there just because we've got a game.

"I can control it. I can arrange a game as and when Faulconbridge or someone gets fit."