

German trip was just wunderbar

HEAD coach Ian Culverhouse hailed Blues' training camp in Germany a huge success – but admitted the players possibly didn't see it that way.

He said: "We had a week of really hard graft. It was just football, football, football. There were no distractions. It was a camp 20 minutes outside Dortmund with no distractions."

There was no golf, no partying just wall-to-wall football.

Culverhouse said: "We did two sessions a day. It was very hot and we had to be careful. We went out at ten and did a lot of fitness work in the mornings.

"They then had lunch, went to their rooms and slept and then at five o'clock they went out again and did more match-orientated stuff."

The players then had ice baths to speed up their recovery.

Then, after dinner it was more football, with the manager talking tactics and the reasons behind what they were doing.

Culverhouse said: "It was good, we got some excellent feedback and the players showed a good insight.

"They were excellent, the work ethic is very high and they have surprised us with the amount they have put into it."

Blues concluded their trip with a match against German third division outfit Sc Verl.

John Sutton put the Blues ahead inside three minutes but it was cancelled out minutes later.

Open day for fans

BLUES Football In The Community Open Day will take place at Adams Park on Sunday August 5 and not July 29 as previously scheduled.

The day will give fans the chance to tour the stadium, meet the players and take part in a beat the goalie competition. The fun starts from 11am and goes on until 2pm.

Awards for McCracken

NEW signing David McCracken will present the awards at the Cressex Astro turf Six a Side League's finals day on Sunday.

The Wanderers defender will be at Cressex Astro turf from 3pm.