

Adam is here to have a bawl

ADAM Hinshelwood has been asked to lead the Blues to League One safety after being handed the captain's armband.

Wanderers boss Gary Waddock named him Blues' third skipper of the season after deciding previous leader Craig Woodman was too timid.

He said Woody led by example with his performances on the pitch but that Blues need a shouter and a bawler in the position they are in.

He said: "Craig wasn't the most vocal captain and I think we need someone who is a bit more vocal wearing the armband.

"Woody has done well with the armband but it was never a permanent appointment with him and I want him to concentrate on his own game."

The responsibility of skippering the side has affected Woodman's form but Hinshelwood rose to the challenge on Saturday as he walked off with the Man of the Match award on his debut as Blues' leader.

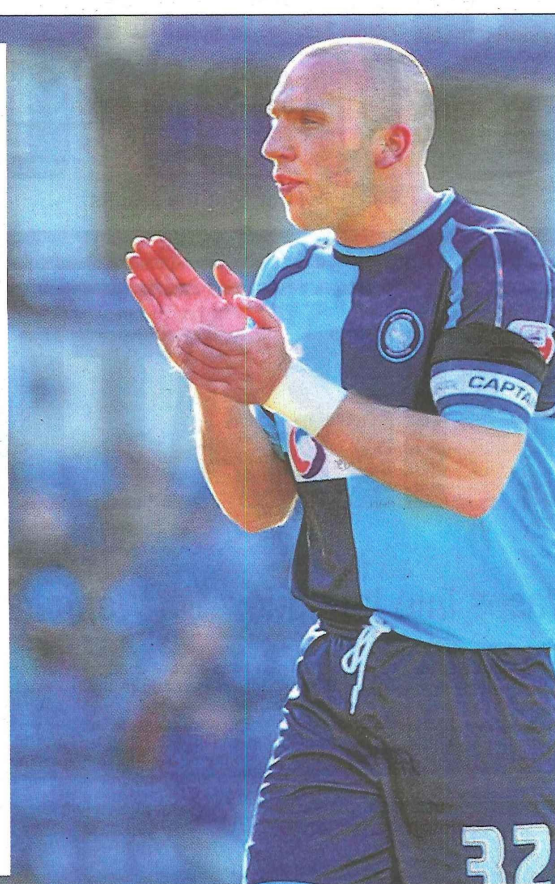
Waddock said: "It was a captain's performance. He's done extremely well since he's been here and he's a determined character.

"Hinsh has been captain at other clubs and he will take it in his stride."

But the skipper was disappointed not to get off to a winning start after Saturday's 0-0 draw with Carlisle.

He said: "I'm delighted to be the captain. I will try and be as vocal as possible and give out as much encouragement as I can.

"It would be a massive achievement if I could skipper the team to get enough points to stay safe this season and that's what I want to do."



Blues must shake off the fear factor

GARY Waddock praised his team's effort but couldn't mask his frustration as they were held to a goalless draw by Carlisle United to remain entrenched in the bottom four.

The single point was a blow to their survival hopes as Tranmere and Gillingham both posted shock wins.

Blues remain four points off 20th placed Oldham who occupy the last safe place in the table and the Latics, who Blues visit this weekend, have three games in hand.

Above Oldham, the next safe house is occupied by Tranmere who have a seven-point cushion on Wycombe and two games in hand.

Waddock blamed tension for Saturday's drab draw which

WANDERERS

equated to two dropped points and says his team must learn to play without fear if they want to stay in League One.

He said: "It was a frustrating afternoon. Everyone on our team and in the crowd looked a bit nervous. The game was dead in general because everyone was on edge.

"I can't fault the effort or the workrate but I was looking for a bit more quality in the final third. We rushed things and tried to force passes."

And he says his players must shake off that tension if they are going to stay up.

He said: "They need to relax

because you can't play football if you are tense and uptight.

"It's difficult but you have got to be composed if you are going for a championship or are in a relegation battle.

"If you are mid-table you can completely chill out. We have got to stand up to the challenge and try and relax."

Wanderers have 11 matches left to try and avoid an instant return to League Two and Waddock is backing his troops to do it.

They face two sides who have every reason to be as nervous as his own side in the next fortnight with relegation rivals Oldham and Exeter both on the calendar.

And for that reason Waddock says he won't underestimate

the value of the Carlisle stalemate which was Blues' third clean sheet in four outings.

He said: "We didn't get the result we were looking for but it could turn out to be a valuable point at the end of the season.

"It could be the point that keeps us up, there's enough games left so who knows?

"We are still in with a shout and no one from our end has given up hope.

"There are going to be twists and turns right to the end and one or two strange results and we have to make sure that we remain in and around it to give ourselves a chance."

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I saved Al's 'goal'

CARLISLE United keeper Adam Collin laughed off Wanderers' claims that Alan Bennett's first half effort had crossed the line.

The glovesman said: "I saw it late but I got my hand to it and I managed to keep it out. Some of their players were claiming it was in, but I got it well before it reached the line. The ref agreed and that is all that matters."

Fans vote on stadium

WANDERERS fans were quizzed on their thoughts about a potential new stadium for the club before Saturday's Adams Park stalemate.

To see the results of the ballot, where Wasps fans weren't asked for their views *see page five*.

Betsy's bombed out

KEVIN Betsy was made the biggest scapegoat for Blues' 4-3 defeat at Stockport ten days ago when he was dropped out of the 18-man squad for Saturday's game against Carlisle.

Boss Gary Waddock said: "Our performance last week is the reason I made changes."

Betsy didn't make the bench while Chris Westwood and Alex Revell were demoted to it.

LEAGUE ONE

TEAM	P	W	D	L	F	A	W	D	L	F	A	Pts
Norwich City	35	14	2	2	42	18	9	4	4	31	18	75
Leeds United	34	11	6	1	33	12	8	5	3	25	16	68
Charlton Ath	35	11	5	2	36	19	7	7	3	25	19	66
Colchester U	33	13	1	2	27	14	5	7	8	24	20	62
Swindon T	33	11	5	2	33	20	5	7	3	20	22	60
Millwall	34	12	4	1	29	11	4	7	6	20	23	59
Huddersfield	35	10	7	0	41	14	6	3	9	19	28	58
Milton Keynes	34	9	5	5	27	20	7	1	9	21	27	52
Bristol Rovers	34	11	5	26	19	5	2	10	20	30	51	
Southampton	33	9	4	2	35	14	5	8	5	25	21	44
Walsall	34	5	8	5	26	22	6	3	7	17	23	44
Carlisle U	34	7	3	6	24	17	3	8	7	21	31	41
Yeovil Town	35	7	6	2	27	19	3	5	10	15	29	41
Brentford	31	6	8	2	24	16	3	4	8	9	17	39
Hartlepool U	34	7	5	6	24	23	3	3	10	20	28	38
Leyton Orient	34	6	5	26	19	3	5	9	16	30	38	
Brighton	33	3	10	14	24	6	7	4	26	27	37	
Gillingham	35	9	6	3	24	9	0	4	13	11	37	
Tranmere Rovers	33	8	2	7	21	23	2	4	10	9	29	
Oldham Ath	32	4	5	6	12	16	4	4	9	13	23	
Exeter City	34	5	8	4	22	17	2	3	12	13	33	
Southend U	34	5	6	5	20	21	3	2	13	16	31	
Wycombe W	35	4	5	9	16	25	2	6	9	20	36	
Stockport Co	34	2	4	10	19	36	3	4	11	12	30	