

SET News: August update

It's been a busy time for the Sports & Education Trust.



Pressure can be an interesting thing, whether it's achieving your goal early and doing everything you can to hold your nerve, or not achieving the standards you know you are capable of and having to pull something out of the bag when you most need it. Handling pressure asserted on you on and off the field is a life skill that we are proud to say runs through the core of our sessions here at WWSET.

Pressure to perform was not an issue for our FIT FANS group over the last 12 weeks, though. A huge well done to Team 13, who have not only smashed their 12 weeks but have lost a whopping total of 39.5kg!! They have seen huge improvements in health, fitness and education around leading a healthier lifestyle - and seeing the guys support each other week in week out has been fantastic. If you're interested in joining the next cohort of our FIT FANS healthy lifestyles programme, due to start in September, email community@wwfc.com.

Also having wound down for the summer is our summer soccer schools. The pressure is off now! The schools have been a roaring success - as they always are - and we put out a shout on Facebook in the week for some feedback:

"My son Finlay (in the picture) had the best 2 weeks at summer camp! He got player of the day on one of those weeks - you made his summer!", said proud mummy, Laura Leach. Charlotte Lindsay added, "my son loved his week of football. He has missed playing since Covid and pleaded for me to book football. I was worried he wouldn't like it but how wrong I was. Thank you for making him so happy."

"My son loved it, I think it's the third year he's been to WWSET's football camp, and, as usual, it is the highlight of the school holidays", Louise Caston added. "His goal is to get player of the day one day!" Estelle Morris asked her son, Sam, how he found the camp. Sams's reply? "Football camp was legendary and was the best football camp ever!"

If you have been inspired by recent Wycombe Wanderers performances, and know someone who could take the first step in their footballing journey, our Elite Development Academy (EDA) are putting on a number of 'Talent ID' days in the local area. For more

information: wwset.co.uk/talentidday/ Our EDA is where we develop the skills of young players, but we put the emphasis on fun - particularly in the early years - as we believe that kids have to enjoy football above anything else.

Some may remember that we welcomed Owen and Ben to the Lincoln City fixture on 21st August as special guests of WWSET. They came on a tour of the stadium and launched their coaching careers in earnest as they took control of a session at our camp before the game. They faced the type of pressure that befits top journalists such as our very own Cecil, Povey and Pelletrat, as they wrote us a report on their day, which can be seen here: wwset.co.uk/news/owen-and-bens-day-with-wwset/

We were delighted to welcome the Thames Valley Police and Crime Commissioner, Matthew Barber, to Adams Park last week. The Office of the Police and Crime Commissioner funds our Play Into Space youth club, which runs in partnership with Buckinghamshire Council at Highcrest Academy in High Wycombe. The club has been a huge success over the summer and we had 25 kids who attended the sessions walking around the stadium with Mr Barber.

WWSET would like to take a moment to thank Mr Barber and his office for funding our Play Into Space youth clubs which made such a difference to the local community over the summer and for his time in coming down to meet us personally. We hope that we can work together in future projects.

The pressure is certainly on at our Stepping Stones: The Basics of Running club, which kicked off properly in the week. The club is led by Paul Dineen of Run Right Coaching and runs in association with Handy Cross Runners. The focus this week was on flexibility and stretching before a gruelling circuit of hill runs. This is a direct call, though: we need more people! If you love running - or you don't but would like to - come to wwset.co.uk/stepping-stones/ Contact us if you want to come for a free sample session, and we will see you on Thursday!

WWSET would like to say a big thank you to Luker Rowe, who joined us as a Friend of WWSET in the week and we welcomed Cathy Sears, their marketing manager, to have a chat about some really exciting projects in the offing. They will be joining us for the home Football League Trophy fixture with Burton Albion on 9th November 2021 for a special event. We look forward to seeing you there!

The Wycombe Wanderers are upping the pressure on stamping out inequality at Adams Park with our All Quarters project, which is due to meet again in the coming week. These events are to gather feedback on people's views of the match day environment – does it cater for particular needs depending on individual circumstances, how could the stadium be more welcoming or enjoyable? Find out more about this and sign up to come at wwset.co.uk/all-quarters/

As always, please do check us out on social media for all the latest happenings in the world of Wycombe Wanderers Sports & Education Trust by searching for WWSET on Twitter, Facebook, YouTube, LinkedIn and Instagram - come and give us a follow!

We can't sign off without mentioning that there was a Carabao Cup draw in the week, and the Chairboys will travel to Manchester to take on a small side called Manchester City. Anyone heard of them? If you are a Cityzens fan and want to take on some Wycombe fans in a series of games and quizzes ahead of the fixture, do drop us a line on community@wwfc.com.