



Wycombe Wanderers are delighted to bring a wealth of Premier League and Championship experience to Adams Park with the capture of central defender Steve Cook on a free transfer.

The 35-year-old is best known for a decade-long stint with AFC Bournemouth, being an inspirational figure in their rise from League One to the top flight with 387 appearances in all competitions for the Cherries.

More recently, he spent 18 months with Nottingham Forest, helping them reach and survive in the Premier League before switching to Queens Park Rangers in 2023, being named their Player of the Year after a superb debut season, and playing 100 times over three years before departing this summer.

The former Brighton academy graduate first encountered the Chairboys in Bournemouth's 1-0 win at Adams Park way back in 2011, and joined his new team-mates for pre-season training on Friday morning after putting pen to paper on his contract with the club.

Tom Stockwell, the club's Director of Football Strategy and Data Intelligence, said: "It's great to have Steve at the club. He's an experienced centre-back who has made the journey through the English leagues previously, and we hope he can pass on those experiences and help us on our journey.

"Steve was a key player for QPR last season and comes in ready to impact the team straight away. Steve has obviously enjoyed an outstanding career to date, playing in the Premier League with Bournemouth and Nottingham Forest, but when meeting with him it was clear he still has a hunger and drive to compete, win and achieve more in the game.

"I'm sure the fans will be excited to see Steve at Adams Park soon, and that's good enough for me."